

# Community Council Meeting Minutes January 31, 2023 11 a.m. Start time

Meeting was brought to order by Chair Natalie Tallakson at 11:00 a.m.

Attendance: Natalie Tallakson (Parent), Julie Jenson (Parent), Nikki Nelson (Parent), Paul Hurt (Principal), Alice Ericksen (VP)

Excused: Mindi Barker (Parent), Scott Porter (Parent)

## Housekeeping:

- 11 a.m. start time approved last meeting to enable students to present without interfering with class time.
- Introductions for those absent last meeting
- Minute recap from last meeting

#### **Business:**

- School Goals- Dixie Middle Student Government
  - Student Council Students Brady, Jackie, and Rebecca came to speak to the Community Council and discuss the school year as student representatives.
  - All 3 students indicated they have enjoyed being on Student Council very much and all have plans to serve in student government at the High School level.
  - · Students were asked a few questions.
    - What is the purpose or mission of the Dixie Middle student council?
      - to be a leader and example to other students
      - to help all students to like coming to school
      - to keep things upbeat and positive for all students
    - What are the goals for the student council?
      - to have a successful Valentine's Day Dance
      - to finish off the year strong with 2 more spirit weeks and during each week there will be a Dixie Day
    - · How has being on student council challenged you?
      - helped grow as a person/individual

- becoming a better leader and a big effort to know more students
- to be the best version of myself and a good role model
- helped to get more opportunities to lead
- stress has helped learn better
- sometimes missing class is a challenge
- how to learn to handle all the middle school drama
- How would you like to see adults do more for you?
  - lots of motivation and appreciation at all levels
  - · talk through options and stay positive
  - encourage, always encourage

## Tour of Student Support areas

#### Wellness Room

Community council members visited "The Nest" also known as the
wellness center in the counseling room. Counselor Brian Gunnell
discussed how the students can use The Nest and what it can do for the
students when they are there. He also talked about the food pantry they
have and the closet that is stocked with clothes for those in need.

#### · Beach House

Council members were then shown the Beach House. This is a room
where students can go to relieve stress, find support if they are feeling
bullied and to also gain a better mental health attitude. Beach stands for
"Best Experience Anyone Can Have." They are supported by the Juvenile
Justice Center and the main Beach House location is at Millcreek High
School.

### Therapist

Council members were also introduced to Fred Brewer. He is the school
therapist that works there 3 days a week and sees students as often as he
can. He works with them to create a better mental health state.

## · Study Skills

Also known as the "Recovery Room" council members learned students
who are behind on class work can go to the recovery room and get extra
help to get caught up. Sometimes students are sent there when they are
also behavioral issues for the class teachers. There are 3 para's in there
who constantly monitor and help the students with their work.

#### Other Items: Q & A

• It was discussed that the next meeting will be the last meeting of the 2022-2023 school year and that the time be adjusted from starting at noon to starting at 12:30 p.m. and conclude by 1:30 p.m.

- Chair Natalie Tallakson also asked if we could discuss what was being done at the school for advanced learners and what kind of advanced opportunities did they have. Today was all about how to help those struggling in school and with mental health. The council would like to see what is going on for those students who are more advanced.
- The next meeting Principal Paul Hurt will submit the final plan to be voted on and signed on. If all agree there will not need to be another meeting.

### Next Meeting:

- Assignments for next mtg.:Chair get agenda to Mike Paxman at least 1 week prior to every meeting. Secretary-takes minutes, emails for approval and then sends to Mike Paxman within 1 week after meeting.
- Assignment for final meeting Chair or Sec Draft letter to legislature before final mtg.
  - Principal Paul Hurt suggested this would be a good year to write a letter since Dixie Middle hadn't written one for a few years. He indicated he would send a sample letter to Chair Natalie Tallakson to review and then she said she would write a letter on behalf of the Dixie Middle School Community Council.

#### Meeting Schedule:

- February 28, 2023, at 11:30 A.M. in the Administrative Conference Room
  - o confirmed this would be the next meeting and tentatively the last meeting of the vear.
  - o time change proposed via email vote to start at 12:30 p.m.
- March 28, 2023, at 11:30 A.M. in the Administrative Conference Room (if needed)

Motion to adjourn the meeting was made by Chair Natalie Tallakson. Nikki Nelson seconded motion. All in favor. Meeting was adjourned at 12:15 p.m.

Minutes compiled by Nikki Nelson (Parent)